

# GREEN CHILE TURKEY BURGERS



<http://tastykitchen.com/recipes/wp-content/uploads/sites/2/2010/08/green-chili-turkey-burgers-410x274.jpg>

## Ingredients

1 pound organic ground turkey  
2 (4 ounce) cans diced green chiles, drained  
½ cup finely chopped sweet onion  
2 tsp. cumin  
1 tsp. chili powder  
1 tsp. sea salt  
1 cup finely chopped cilantro, optional  
Organic salsa – without sugar, optional

## Directions

Combine all ingredients in a medium-sized bowl. Form into 8 patties and grill 4-5 minutes per side.

Enjoy salsa as a relish.